



Ana Maria Barella

Associate Consultant

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Ana Maria Barella is the founder of Masterwork Coaching and Consulting. She is committed to helping leaders, teams, and organizations gain mastery of themselves, the moment, and their mission so that they can thrive in the midst of change, achieve goals, and emerge stronger with greater self-awareness, clearly defined expectations, a plan of action, measures of success, and accountability.

As a learning and development leader with over 20 years of experience in professional services, Ana Maria has designed and facilitated leadership programs, business development programs, onboarding curricula, and much more to enrich thousands of leaders. And, she has been a TED and TEDx speaker coach since 2010.

Ana Maria completed her Masters in Design at the Illinois Institute of Technology, Institute of Design (IIT-ID) in Chicago, IL. She is a professional coach, certified through the International Coaching Federation (ICF) and the Co-Active Training Institute as a Certified Professional Co-Active Coach (CTI-CPCC). She is qualified with the Hogan, Meyers Briggs, and Insights Discovery psychometric tools and assessments.

Recent Coaching Clients Include:

- Senior Director – global optical connectivity company
- Director of Diversity & Inclusion – national financial services company
- Senior Marketing Manager – global Household appliances company
- Director, Data Engineering – national bank holding company
- Senior Director – national skincare and cosmetics company
- Senior Manager – global professional services firm

She has travelled to over 20 countries and she enjoys painting, writing poetry, performing poetry, and movement.

Although she calls Chicago, IL, home, she currently lives in North Carolina.

Mini Bio

- With over 20 years of L&D leadership experience
- TED/TEDx speaker coach since 2010

Qualifications

- University of North Carolina at Chapel Hill, BA Media and Journalism
- IIT Institute of Design Chicago, Masters in Design Thinking
- ICF Certified Coach
- Certified Professional Co-Active Coach
- MBTI Certified Practitioner
- Hogan Assessment Certification
- TeamTelligent KSA Suite Qualified Administrator
- Insights Discovery, Team and Leadership – Accredited Practitioner
- The 5 Choices to Extraordinary Productivity Facilitator