



Monica Cable

Associate Consultant
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Monica's coaching, facilitation and supervision experience has been developed over the last eleven years predominantly in the financial services, professional services, not-for-profit and public service sectors. Her coaching participants have included bankers, lawyers, actuaries, IT specialists, accountants, senior public servants and project managers. She has extensive experience in coaching high potential individuals, from first time team leaders through to Partners of professional services firms and Executive General Managers.

Monica has particular expertise in developing and facilitating mentoring programs for high potential women in organisations. The key objective of these programs is to support the career development of talented women and to retain their skills and intellectual capital within their industry.

Her clients include National Australia Bank, NAB Wealth, Westpac, ANZ One Path, ING Direct, Beiersdorf, Ernst & Young, PriceWaterhouse Coopers, IAG, Australand, OneSteel, University of Technology, Macquarie University, Ambulance Service of NSW, Wesley Mission, Department of Human Services.

Monica has postgraduate qualifications in counselling and her study and experience in this area have given her a thorough understanding of the drivers of human behaviour. In coaching, she focuses on people's strengths using a non-judgmental and pragmatic approach. This leads to more effective communication and increased performance benefiting all areas of people's lives and resulting in sustained behavioural change. She believes in assisting her clients to reframe their ways of thinking so as to open up new possibilities for superior performance, personal growth and greatly increased work satisfaction.

Monica has worked in HR roles in the corporate sector. These include executive search, recruitment, outplacement and HR management. She also started up and managed her own private psychology practice for many years.

Mini Bio

- Is an Associate with the Institute of Executive Coaching & Leadership
- Runs supervision sessions for coaches
- Expertise in developing and facilitating mentoring programs for high potential women in organisations.

Qualifications

- Levels 1, 2, 3: Coaching Certification - Institute of Executive Coaching & Leadership
- Herrmann Brain Dominance Instrument (individual and teams)
- Genos Emotional Intelligence
- The Leadership Circle 360 Profile
- Life Styles Inventory (LSI) and Group Styles Inventory (GSI) - Human Synergistics