



Tanja Leth Martinez Vazquez

Associate Consultant

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Tanja works as a professional trainer in leadership and personal development and as a business coach with both individual as well as team coaching. She has worked with companies such as A P Møller Maersk, Novo Nordisk, NaviAir, Danmarks Idræts-Forbund, Københavns Fængsler, and Sydbank.

Tanja has worked in a wide variety of industries including banking, press and media, logistics, pharmaceuticals, food and beverage, government, and non-profit. She has held positions such as consultant, manager and director.

She carries out her work in English and in Danish all over the world and is consequently very experienced working with cross-cultural groups. She senses, understands, and respects the underlying structures in the culture.

Tanja is often evaluated as having a perfect balance between goal and process, allowing time and space to take care of individual needs in order to create space for individual insight and growth as well as renewed energy to the group and collective co-creation. Because of her positive, proactive and reflective approach, Tanja is often chosen as a long-term business partner.

As a professional trainer, Tanja is present, inspirational, reflective and elegantly provocative. In a group she creates a frame for honest and respectful communication, opening up for both creativity and reflection leading to new perspectives, new solutions and strategies for both individuals, teams and organisations.

As a business coach Tanja is present and reflective. She is known for accepting what is - allowing any feeling, and believing in the positive intention as such - as well as opening up for new perspectives and strategies together with her client.

Tanja's specialties include: training in leadership, communication, conflict management, energize yourself, energize your team, co-creation, personal development, health, business coaching, career coaching and life coaching.

Mini Bio

- Experienced facilitator of leadership, organisational and personal development programs
- Coach to individuals and teams
- Fluent in English and Danish
- Broad industry experience

Qualifications

- Copenhagen Business School, Cand Merc, Human Resource Management, 1998 – 2001
- Scandinavian International University, Certified Mental Training Practitioner, Mental Training, 2014 – 2015
- Dansk Coaching Institut, ICC Coach, Coaching, 2005 – 2008
- Copenhagen Business School, Bsc, Languages and Economics, 1992 – 1995