



LIW | Leadership, not just leaders

Tessa Winton
Associate Consultant
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Tessa's passion is to see others empower themselves by using frameworks and structures to navigate difficult conversations. It is a driver for her that people leave her workshops with an improved confidence of how to manage themselves under pressure. "To give people the gift of making choices in their communication and not just limiting themselves to habits" is what gets her out of bed in the morning.

Tessa prides herself on creating a safe environment where people can try things out, fail and succeed and have personal breakthroughs every day of the week.

What makes Tessa unique in the marketplace is her ability to combine her Leadership training with her acting skills to engage participants and maximise learning outcomes.

Tessa has worked extensively in many industries over the last 15 years, most recently in the Telecommunication field and Insurance and Banking helping new managers with Coaching and Feedback and creating psychological safety in their teams.

While Tessa originally set out to be a famous Shakespearean actor she mainly gets recognised for stealing Irene's baby on Home and Away or being The Meadow Lea mum.

Mini Bio

- Presentation skills
- Communication skills
- Difficult conversations
- Corporate actor
- Bringing situations to life through theatre
- Coaching and feedback

Qualifications

- BDA NIDA
- Cert IV workplace training and assessment
- DiSC