



LIW | Leadership, not just leaders

Tina Watson

Associate Consultant

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Tina works with individuals in private practice and facilitates programs for companies and individuals including Coaching for Performance and personal development programs.

She is passionate about psychological and emotional wellbeing and maintains a focus on empowering people to enhance their awareness, develop resilience and reach their full potential. She holds an advanced diploma in Gestalt psychotherapy and is a member of GANZ.

Tina has been involved in community-based organisations for over a decade and has experience in disabilities, family dispute resolution (Relationships Australia), working with homeless teenagers, families and people in recovery. She also has experience training and creating systems for complex situations.

Having travelled, studied and worked in the Middle East, US and Europe, Tina achieved a 2nd Dan black belt in Shotokan karate and trained internationally with the Israeli women's team at Vingate Sports Institute. At home in Sydney, Tina's interests include painting and keeping fit through cycling and tennis.

Mini Bio

- Broad facilitation and coaching experience
- Facilitator of corporate and personal development programs

Qualifications

- Advanced Diploma, Gestalt psychotherapy